Stay safe. Protect each other.

Coronavirus **COVID-19** Public Health Advice

Step up & Step Back

GO ONE STEP FURTHER TO KEEP EACH OTHER SAFE

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Stay safe. Protect each other.

Coronavirus **COVID-19** Public Health Advice

masking for a FRIEND

WEARING A FACE COVERING HELPS US TO PROTECT EACH OTHER
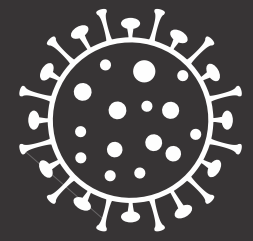
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Stay safe. Protect each other.

Coronavirus **COVID-19** Public Health Advice

WASH and GO

CLEAN HANDS STOP THE SPREAD OF COVID -19
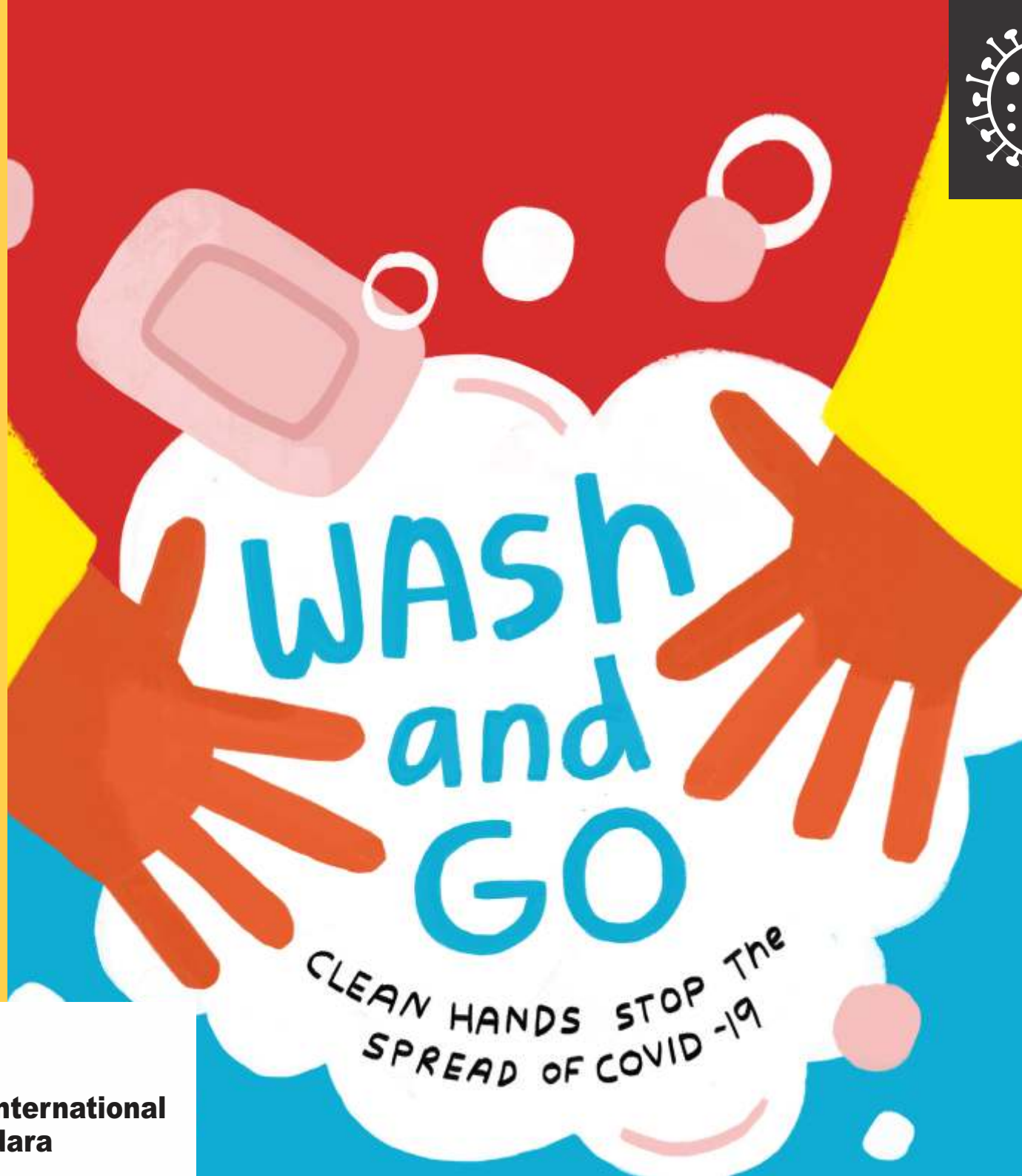
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Face coverings
must be worn
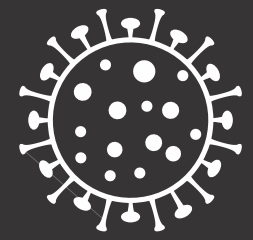
Stay safe.
Protect each other.

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Wash your hands
with soap to avoid contamination
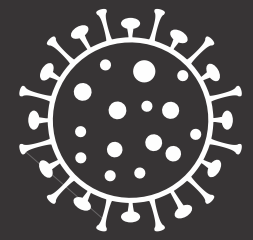
Coronavirus
COVID-19
Public Health
Advice

**Stay safe.
Protect each other.**
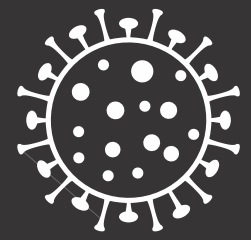
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Avoid
crowds and crowded places

Stay safe.
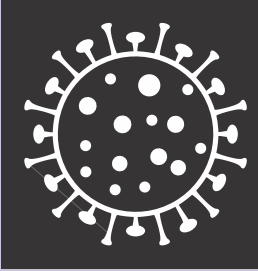## Protect each other.

Cover your mouth & nose *when coughing or sneezing*

Stay safe.
Protect each other.

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Know the symptoms

- high temperature
- cough
- breathing difficulty
- sudden loss of sense taste and smell
- flu like symptoms

*self isolate &
call doctor*

Stay safe.
Protect each other.

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Distance yourself
at least 6 feet away from other person

Coronavirus COVID-19 Public Health Advice

Stay safe.
Protect each other.

2m

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Stop shaking hands and hugging

Coronavirus **COVID-19** Public Health Advice

Stay safe.
Protect each other.
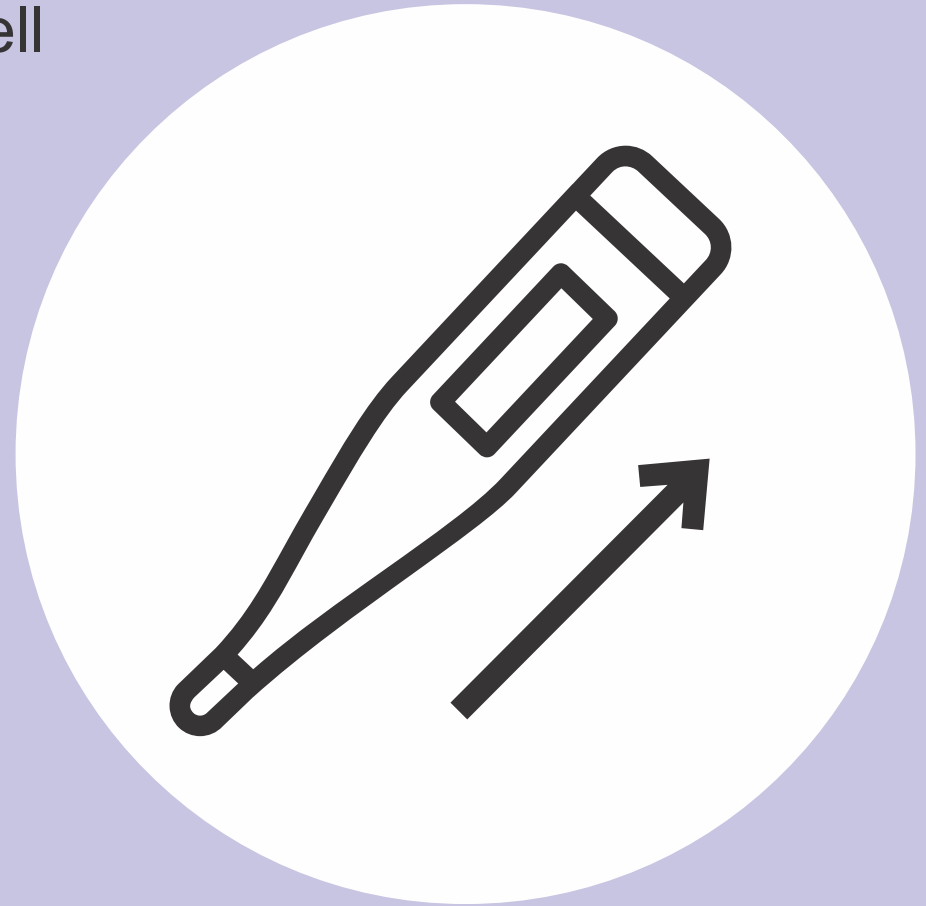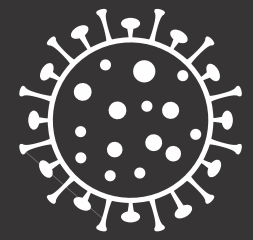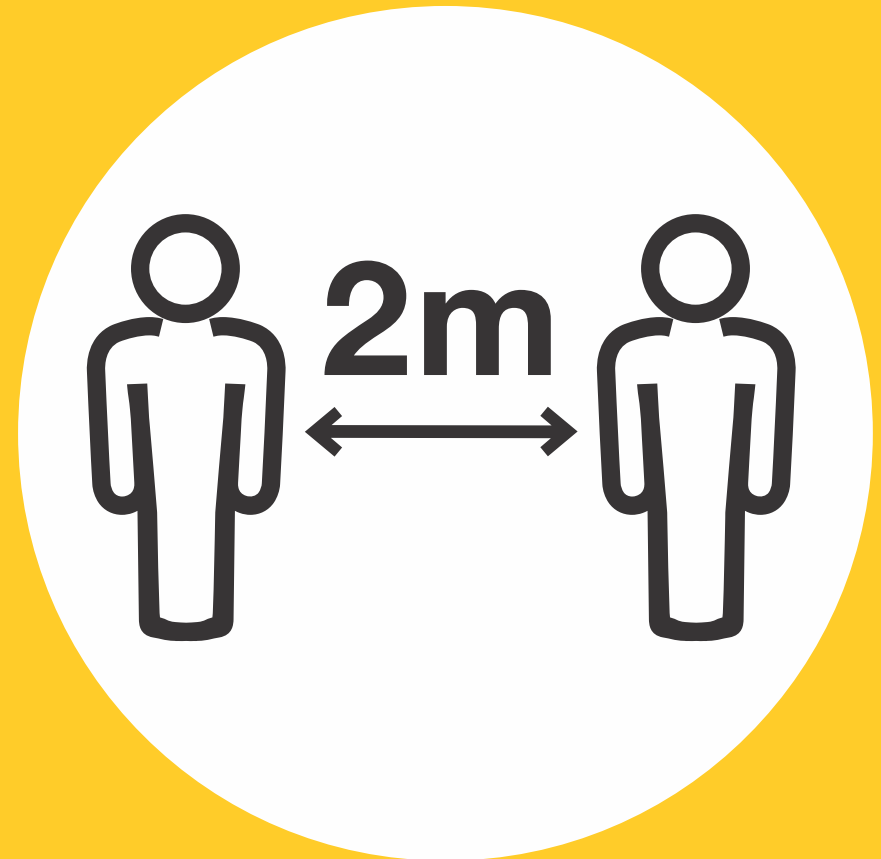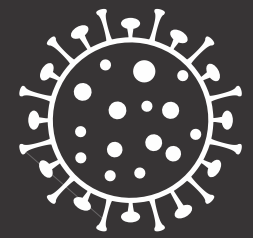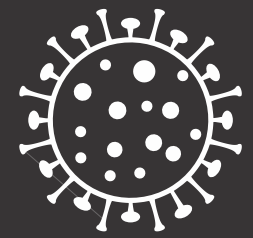
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Keep Surfaces clean

**Stay safe.
Protect each other.**

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Avoid touching your face

**Stay safe.
Protect each other.**

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How to use Face Coverings

- cover your nose and chin fully
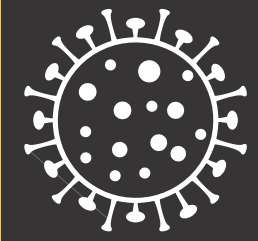- do not wear loosely with gaps on sides
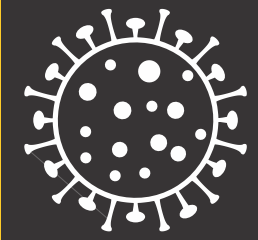
Correct Covering

**Stay safe.
Protect each other.**

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How to use
Face Coverings

Coronavirus
COVID-19
Public Health
Advice

Do not touch the
front when you
take it
off.

Safe Removal

Use the ties or ear
loops to take the face
covering off.

Stay safe.
Protect each other.

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